

Theme: Psalm 1 and 2, which together are an introduction to the whole book of Psalms, teach that God's people will embrace His teaching and rule and thus walk in the way of blessing and life, while those who reject God's instruction and rule will walk in the way of destruction and death.

I. The Two Ways

- A. Theme: There are two ways, one of life and one of death, and there is a great difference between the two ways.
- B. Text: Psalm 1
- C. Response: Communion
- D. Benediction: 1 Corinthians 15:58
- E. Teaching keywords: Blessing; Christian Life; Godliness; sanctification; righteousness; salvation and deliverance

II. The Way: Jesus Christ

- A. Theme: Jesus Himself is the Way, the promised Messiah, King, and Son who rules over God's people to bring them into the way of blessing.
- B. Text: Psalm 2
- C. Response: Communion
- D. Benediction: 2 Corinthians 13:14
- E. Teaching keywords: Jesus Christ; Christology; typology

III. The Way: Meditate on God's Instruction

- A. Theme: Those who walk the way of Jesus Christ embrace God's Instruction, meditating on His Word day and night so they understand and obey it, knowing this is for their own good.
- B. Text: Psalm 1
- C. Response: Communion
- D. Benediction: Acts 20:32
- E. Teaching keywords: Word of God; blessing; Christian life; obedience

IV. The Way: Embracing God's Rule

- A. Theme: Those who walk in God's Way must embrace His Kingship, submitting to His wise, loving rule in every area of life.
- B. Text: Psalm 2
- C. Response: Communion
- D. Benediction: 1 Timothy 1:17
- E. Teaching keywords: Lordship; Christian life; obedience

VI. The Way: Walking By the Spirit

- A. Theme: The Spirit enables us to walk in the way of righteousness, enabling us to overcome the flesh in a way the law never could, so that we can become more like Christ.
- B. Text: Galatians 5:16-26
- C. Response: Communion
- D. Benediction: Romans 8:16-17 (paraphrase)
- E. Teaching keywords: Holy Spirit; Christian life; sanctification

VII. The Way: Trusting In God's Sovereignty

- A. Theme: To walk in God's Way while surrounded by those who reject it, God's people must learn to trust in His Sovereignty, knowing He rules all things and will fulfill His Word.
- B. Text: Psalm 1 and 2
- C. Response: Communion
- D. Benediction: Philippians 4:6-7
- E. Teaching keywords: Sovereignty of God; Christian life; faith; anxiety and worry