

Theme: In this series we will be taking a short journey through the book of Ephesians and learning about our position in Christ, our life in the world, and our warfare with the enemy.

I. Sit - Our Position In Christ

- A. Theme: Every Christian is seated with Christ in heaven at God's right hand and this reality is the basis and power for the whole Christian life.
- B. Text: Ephesians 1:15-23; 2:4-7 (ESV)
- C. Response: Response Song:
- D. Benediction: Ephesians 1:3,17-20; 2:4-7 paraphrase
- E. Teaching keywords: Ascension, exaltation, and session; Christian life; salvation; union with Christ; blessing; Sabbath and rest

II. Walk - Our Life In the World

- A. Theme: Every Christian is called to draw upon the power and blessing of being seated with Christ to enable them to develop a lifestyle that follows the biblical pattern for disciples.
- B. Text: Ephesians 2:8-10; 4:1-3; 17-24 (ESV)
- C. Response: Communion
- D. Benediction: 1 Thessalonians 5:23-24
- E. Teaching keywords: Christian life; salvation; union with Christ; sanctification

III. Stand - Our Warfare With the Enemy

- A. Theme: Every Christian is called to draw upon the strength of Christ to take a stand against Satan and his kingdom, praying for the spread of the Gospel and the kingdom of God.
- B. Text: Ephesians 6:10-20 (ESV)
- C. Response: A Mighty Fortress (also catechism question 95)
- D. Benediction: Breastplate prayer of St. Patrick
- E. Teaching keywords: Spiritual warfare; Satan and demons; Christian life; salvation; union with Christ; prayer

Sit, Walk, Stand - A Journey Through Ephesians -
Series Outline

Fall 2019