

ROOT VICE	NATURE OF DISORDERED LOVE	MISPLACED IDENTITY	OPPOSING VIRTUES	PRACTICES OF RESISTANCE AND RENEWAL
Pride	Pride is a disordered love that excessively focuses on myself, seeks to exalt myself above God and His will, refusing to accept my God-given limitations or confess my failures.	I seek to find my identity in myself, thinking I can find fulfillment apart from God.	Humility	Confession - to God and others Silence - avoiding talk of self Service - practically serving others
Envy	Envy is a disordered love that is dissatisfied with the lack or perceived insufficient measure of gifts and vocations given by God, and which resents another person for the presence or greater measure of those same gifts.	I seek to find my identity in my desired gifting, comparing myself with others, rather than rejoicing in who God created and declares me to be in Christ.	Contentment Gratitude Love	Meditation - on my identity in Christ Thanksgiving - for all God gives me & others Acts of love - to encourage and build them up
Wrath	Wrath is a disordered love that desires justice to be enacted in my time, manner, and degree rather than in God's.	I seek to find my identity in circumstances as I desire them, rather than in God's Providential ruling of the world and my life.	Self-control Forgiveness Gentleness	Silence & physical "time out" - to calm spirit & body Prayer - confession and forgiveness Activities that require slow, gentle response
Sloth	Sloth is a disordered love that that does not desire God, His works, or the vocations He has given me, but finds them boring, refusing the effort to love and serve God and others.	I find God, His works, and the vocations he has given me boring, and seek to find my identity in restless leisure apart from God.	Passion for God Diligence in your callings	Spiritual disciplines - daily time with God; Sabbath True weekly Sabbath - rest and focus on God Fast - trivial pursuits that waste time & dull longing Work - as for the Lord, remembering He will reward
Greed	Greed is a disordered love that excessively craves created goods and possessions, desiring them more than the Creator Himself.	I seek to find my identity in money and possessions rather than God Himself.	Contentment Simplicity Generosity	Thanksgiving - in prayer and conversation Sabbath - to rest, worship, and trust God Fast - from consumer culture (ads; mall; buying) Giving - to God's work and others
Gluttony	Gluttony is a disordered love that excessively craves food and drink, attempting to fill spiritual hunger with material fare.	I seek to find my identity in physical desires, attempting to fill my spiritual hunger by material food and drink rather than by God.	Temperance Self-control Passion for God	Fasting - from all or specific types of food Feasting - on quality food, especially communally Physical exercise - to discipline body Lord's Table - to cultivate and fulfill spiritual hunger
Lust	Lust is a disordered love that excessively craves my own sexual pleasure, desiring it more than true intimacy with God or others.	I seek to find my identity in my sexual desires and activity rather than God and His will.	Chastity Purity Love	Abstinence - before marriage Faithfulness - in marriage Avoid - sources of temptation Accountability - software; person to pray, confess Community - Genuine friendships and fellowship