

# SURRENDERED

## Surrendered

### Key idea:

Surrender is a voluntary act of the will to submit every part of our life to God, trusting Him as Father, Savior, Comforter, and King.

### Key text:

Philippians 3:3-11

For we are the circumcision, who worship by the Spirit of God and glory in Christ Jesus and put no confidence in the flesh— <sup>4</sup> though I myself have reason for confidence in the flesh also. If anyone else thinks he has reason for confidence in the flesh, I have more: <sup>5</sup>circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; as to the law, a Pharisee; <sup>6</sup> as to zeal, a persecutor of the church; as to righteousness under the law, blameless. <sup>7</sup> But whatever gain I had, I counted as loss for the sake of Christ. <sup>8</sup> Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things and count them as rubbish, in order that I may gain Christ <sup>9</sup> and be found in him, not having a righteousness of my own that comes from the law, but that which comes through faith in Christ, the righteousness from God that depends on faith— <sup>10</sup>that I may know him and the power of his resurrection, and may share his sufferings, becoming like him in his death, <sup>11</sup> that by any means possible I may attain the resurrection from the dead.

### Key points:

1. Surrender is a voluntary act of submitting every part of our life to God, trusting Him as Father, Savior, Comforter, and King.
2. Our tendency to create "checklists" of righteousness hinders true surrender.
3. Seeing God clearly and ourselves accurately is crucial for surrender.
4. Surrendering to God brings peace and freedom, enabling us to serve others without needing anything in return.

### Discussion Questions:

1. What does the idea of "surrender" mean to you in your faith journey? How does it challenge you?
2. How does Paul's radical shift from confidence in his own righteousness to complete surrender to Christ challenge your own spiritual journey?
3. Josh mentions three places we often take our "checklists": the courtroom, the chopping block, and under a weight. Which of these do you relate to most and why?
4. How does understanding God as Father, Savior, Comforter, and King impact your ability to surrender?
5. How might viewing surrender as a daily choice rather than a one-time event change your approach to following Jesus?
6. Discuss a time when you struggled to surrender an area of your life to God. What made it difficult?
7. What fears or hesitations do you have about fully surrendering certain areas of your life to God, and how might addressing those fears deepen your faith?
8. How does the concept of 'holy ablation' - allowing God to 'burn out' what's causing misfires in our hearts - resonate with your understanding of spiritual growth and transformation?
9. Josh said, "When you have what you need, when all the work is done, you don't need a checklist anymore." How does this relate to the gospel message?
10. How might surrendering to God change the way we interact with others and approach ministry?

### **Practical Applications:**

1. Daily Surrender Exercise: Each day this week, identify one area where you're struggling to surrender. Use the phrase "I decide to let this truth change me and my actions" as you pray about it.
2. Checklist Awareness: Pay attention to moments when you're tempted to create a "checklist" of righteousness. Practice redirecting your focus to Christ's completed work.
3. Peace Check: Regularly ask yourself, "Am I fully at peace right now?" Use this as a gauge for your level of surrender.
4. Scripture Meditation: Spend time reflecting on Philippians 3:7-11 this week. Journal about how these verses challenge your understanding of righteousness and knowing Christ.

5. Serving Others: Look for an opportunity to serve someone this week without expecting anything in return. Reflect on how this connects to the idea of surrender.
6. Group Accountability: Share with a partner one area where you want to grow in surrender. Check in with each other midweek for encouragement and prayer.