

The Good Portion

Key idea:

We can be distracted by many things, even good things, but fellowship with the Lord should always be our top priority.

Key text:

Luke 10:38-42 (ESV)

Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. But Martha was distracted with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."

Key points:

1. Martha gladly receives the Lord, but then sets about the important tasks of making ready for the feast.
2. Mary forgoes helping with the preparation, instead choosing to hear from the Lord.
3. When we have an opportunity for fellowship with the Lord, we must put that as the priority over other things, even if those other things are also good and important.

Questions for discussion/application:

1. What part of Sunday's teaching stood out most to you? Why?
2. What does it mean to choose "the good portion?"
3. What things in my life can distract or overwhelm me so that I miss the good portion?
4. What *good* things in my life can sometimes get in the way of the best thing?

5. Who do I know that I can encourage to seek the good portion this week?
6. Who will I call or see to invite to church this coming Sunday?