




**Catechism:
Foundations of the Faith**

A top-down view of a wooden desk with various items: a teal typewriter, a green notebook, an open cream notebook, a pinecone, glasses, and a pen. The text is centered on a white rectangular background.

What Is the Lord's Supper?

And he took bread, gave thanks and broke it, and gave it to them, saying, “This is my body given for you; do this in remembrance of me.”²⁰ In the same way, after the supper he took the cup, saying, “This cup is the new covenant in my blood, which is poured out for you.

Luke 22:19–20

Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ? ¹⁷ Because there is one loaf, we, who are many, are one body, for we all partake of the one loaf.

1 Corinthians 10:16–17

Question 78: What is the Lord's Supper?

The Lord's Supper is the sacramental meal Christ commanded all believers to eat, in which the death of Christ for our salvation is represented in the breaking of the bread and the pouring out of the cup, and through which the believer spiritually feeds upon Christ, giving thanks to God as the elements are received in faith.



**The Lord's Supper -
Commanded
By Christ**

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Jesus Instituted the Lord's Supper

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Jesus Commanded the Lord's Supper

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**A Meal
Representing the
Death of Christ**

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Symbolically Pointing To Jesus' Death

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Luke 22:19–20

Bearing Our Punishment

Surely he took up our infirmities and carried our sorrows, yet we considered him stricken by God, smitten by him, and afflicted. ⁵ But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed. ⁶ We all, like sheep, have gone astray, each of us has turned to his own way; and the LORD has laid on him the iniquity of us all.

Isaiah 53:4–6

A Reminder and A Proclamation

For whenever you eat this bread and drink this cup, **you**
proclaim the Lord's death until he comes.

1 Corinthians 11:26



A Sacramental Meal for Believers

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Question 72: What is a sacrament?

A sacrament is a special symbol given by God to His people that, when received in faith, serves as a sign and seal of His promises to us, functions as a means of grace to strengthen us, and through which we testify of our faith in Him and His promises.

Spiritually United With Christ!

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1 Corinthians 10:16

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A top-down view of a wooden desk with a teal typewriter, a green notebook, a yellow notebook, a pinecone, glasses, and a pen. The typewriter is teal with a black keyboard and a wooden carriage. The green notebook is closed and positioned on the left. The yellow notebook is open and positioned on the right. A pinecone is on the left side of the desk. A pair of black glasses is in the bottom left corner. A pen is in the bottom right corner. The text "Applying the Word" is centered in a white banner.

Applying the Word

Our Sacramental Table

