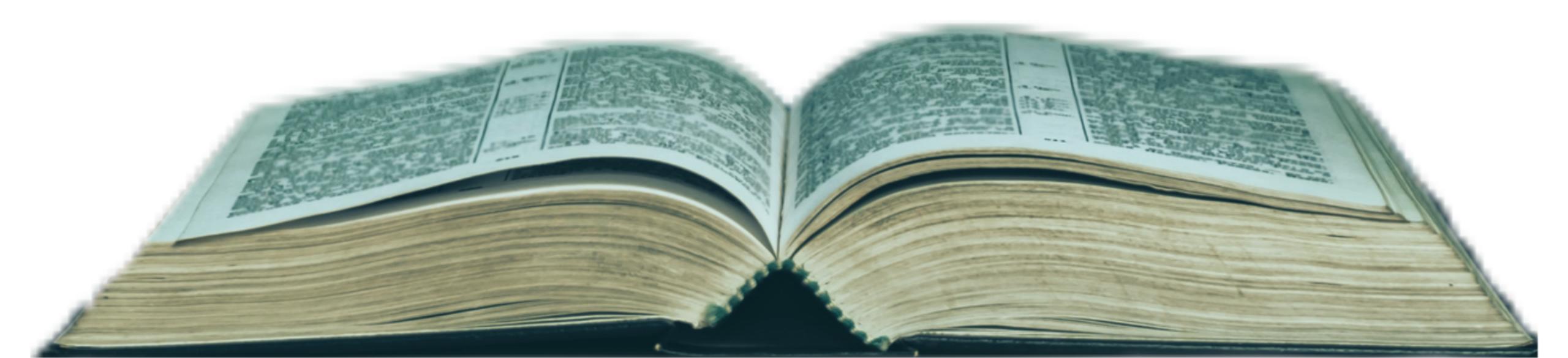
Poems, Prayers & Promises



Trust in him at all times, O people; pour out your hearts to him, for God is our refuge.
(Selah)

An Unshakeable Life

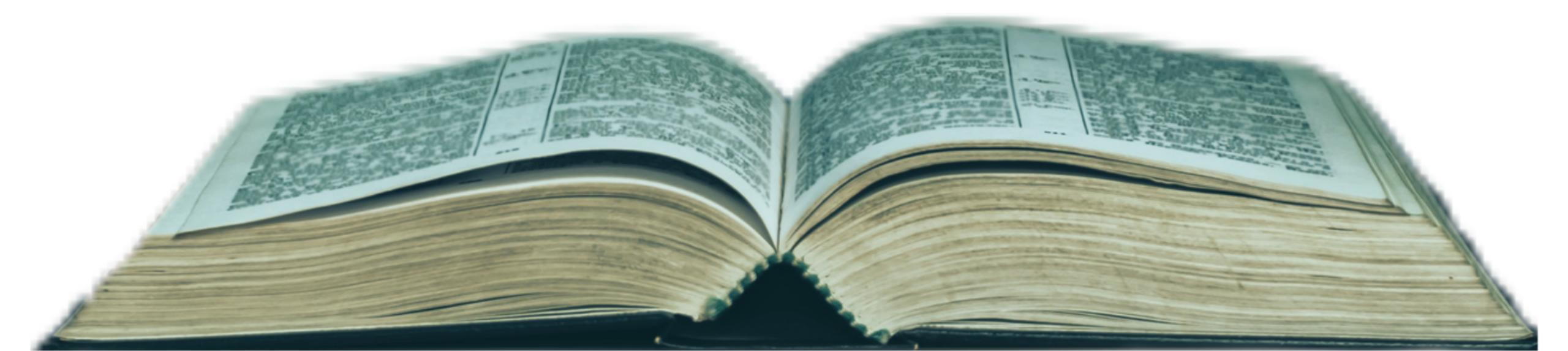


The Goal

Trust in him at all times, O people;

pour out your hearts to him,

for God is our refuge. Selah

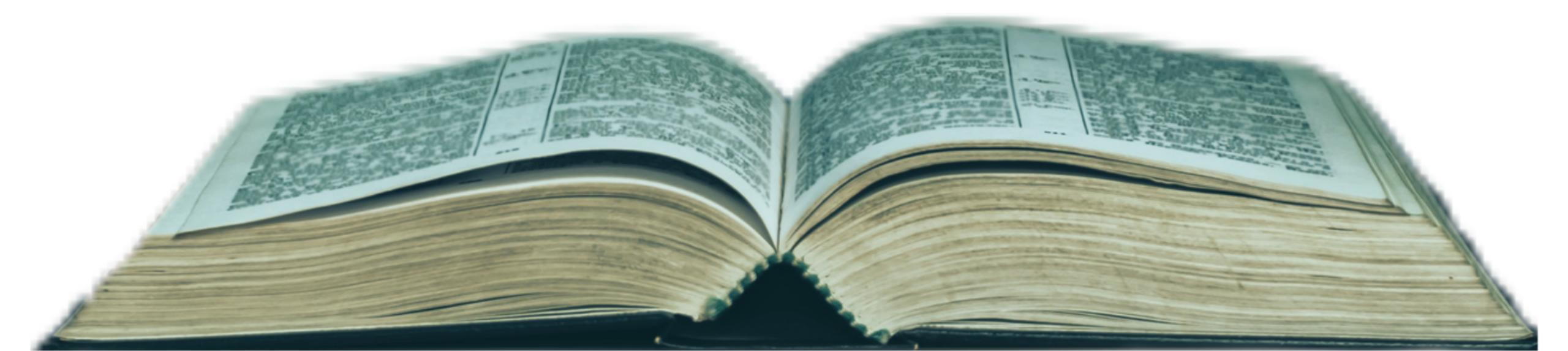


The Means

Trust in him at all times, O people;

pour out your hearts to him,

for God is our refuge. Selah



The Reality

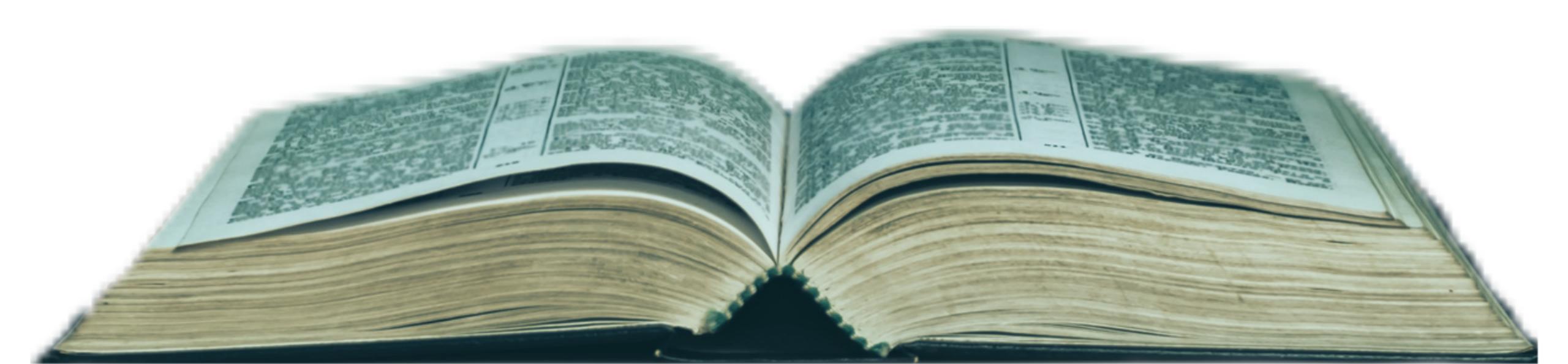
Trust in him at all times, O people;

pour out your hearts to him,

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The Psalms: Pouring Out Our Hearts to God



Why the Psalms Should Form Our Prayers

- The Psalms are God's Word to us
- The Psalms are believers words to God
- The Psalms give our prayers breadth
- The Psalms give our prayers depth
- The Psalms teach us how to pray

- Pray them verbatim as an introduction to your prayer time
- Pray them verbatim to express your needs/desires in a certain situation
- ◆ Model your own prayers after the psalms, either using select phrases in your own prayers or paraphrasing the entire psalm
- Use old hymn versions of the psalms as a prayer
- ♦ Sing a song based on a psalm as a prayer to God

Applying the Word





- The Lord is my shepherd, I shall not be in want.
- He makes me lie down in green pastures,
- he leads me beside quiet waters, he restores my soul.
- He guides me in paths of righteousness for his name's sake.
- Even though I walk through the valley of the shadow of death,
- I will fear no evil, for you are with me;
- your rod and your staff, they comfort me.

You prepare a table before me

in the presence of my enemies.

You anoint my head with oil; my cup overflows.

Surely goodness and love

will follow me all the days of my life,

and I will dwell in the house of the Lord forever.

