

Poems, Prayers & Promises



Delivered...and Declaring It!

Key idea:

David sought the Lord in a dangerous situation and God delivered him; David reflected on God's goodness and promised to praise God in every circumstance.

Key text:

Psalm 34 (ESV)

OF DAVID, WHEN HE CHANGED HIS BEHAVIOR BEFORE ABIMELECH, SO THAT HE DROVE HIM OUT, AND HE WENT AWAY.

- 1 I will bless the LORD at all times;
his praise shall continually be in my mouth.
- 2 My soul makes its boast in the LORD;
let the humble hear and be glad.
- 3 Oh, magnify the LORD with me,
and let us exalt his name together!

- 4 I sought the LORD, and he answered me
and delivered me from all my fears.
- 5 Those who look to him are radiant,
and their faces shall never be ashamed.
- 6 This poor man cried, and the LORD heard him
and saved him out of all his troubles.
- 7 The angel of the LORD encamps
around those who fear him, and delivers them.

- 8 Oh, taste and see that the LORD is good!
Blessed is the man who takes refuge in him!
- 9 Oh, fear the LORD, you his saints,
for those who fear him have no lack!
- 10 The young lions suffer want and hunger;
but those who seek the LORD lack no good thing.

- 11 Come, O children, listen to me;
I will teach you the fear of the LORD.

- 12 What man is there who desires life
 and loves many days, that he may see good?
- 13 Keep your tongue from evil
 and your lips from speaking deceit.
- 14 Turn away from evil and do good;
 seek peace and pursue it.
- 15 The eyes of the LORD are toward the righteous
 and his ears toward their cry.
- 16 The face of the LORD is against those who do evil,
 to cut off the memory of them from the earth.
- 17 When the righteous cry for help, the LORD hears
 and delivers them out of all their troubles.
- 18 The LORD is near to the brokenhearted
 and saves the crushed in spirit.
- 19 Many are the afflictions of the righteous,
 but the LORD delivers him out of them all.
- 20 He keeps all his bones;
 not one of them is broken.
- 21 Affliction will slay the wicked,
 and those who hate the righteous will be condemned.
- 22 The LORD redeems the life of his servants;
 none of those who take refuge in him will be condemned.

Key points:

1. David's response in a difficult and dangerous situation is to seek the Lord for deliverance.
2. David promises to continually praise God and boast in Him
3. Believers can learn from David and apply what we learn to our circumstances.
4. It is God who rescues his people from their afflictions.
5. The greatest thing God delivers us from is sin and death

Questions for discussion/application:

1. What part of Sunday's teaching stood out most to you? Why?
2. Is this Psalm a picture of the gospel? If so, how?
3. What does it mean to you to fear the Lord?
4. What elements of discipleship can be found in Psalm 34?
5. What are some practical ways for God's praise to be continually in your mouth?
6. What are some examples in which you have "tasted" that the Lord is good?
7. Can you recall situations or circumstances from which God has delivered you?
8. Who will I call or see to encourage this week? Who can I share God's deliverance and goodness with?