



The Freedom of LIMITS

The LORD God took the man and put him in the Garden of Eden to work it and take care of it. ¹⁶ And the LORD God commanded the man, “You are free to eat from any tree in the garden; ¹⁷ but you must not eat from the tree of the knowledge of good and evil, for when you eat of it you will surely die.”

Genesis 2:15–17

Now the serpent was more crafty than any of the wild animals the LORD God had made. He said to the woman, “Did God really say, ‘You must not eat from any tree in the garden’?”² The woman said to the serpent, “We may eat fruit from the trees in the garden,³ but God did say, ‘You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.’”⁴ “You will not surely die,” the serpent said to the woman.⁵ “For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.”

⁶ When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. ⁷ Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.

⁸ Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden. ⁹ But the LORD God called to the man, “Where are you?” ¹⁰ He answered, “I heard you in the garden, and I was afraid because I was naked; so I hid.” ¹¹ And he said, “Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?”

¹² The man said, “The woman you put here with me — she gave me some fruit from the tree, and I ate it.” ¹³ Then the LORD God said to the woman, “What is this you have done?” The woman said, “The serpent deceived me, and I ate.” ¹⁴ So the LORD God said to the serpent, “Because you have done this, “Cursed are you above all the livestock and all the wild animals! You will crawl on your belly and you will eat dust all the days of your life. ¹⁵ And I will put enmity between you and the woman, and between your offspring and hers; he will crush your head, and you will strike his heel.”

¹⁶ To the woman he said, “I will greatly increase your pains in childbearing; with pain you will give birth to children. Your desire will be for your husband, and he will rule over you.” ¹⁷To Adam he said, “Because you listened to your wife and ate from the tree about which I commanded you, ‘You must not eat of it,’ “Cursed is the ground because of you; through painful toil you will eat of it all the days of your life. ¹⁸ It will produce thorns and thistles for you, and you will eat the plants of the field. ¹⁹ By the sweat of your brow you will eat your food until you return to the ground, since from it you were taken; for dust you are and to dust you will return.”

²⁰ Adam named his wife Eve, because she would become the mother of all the living. ²¹ The LORD God made garments of skin for Adam and his wife and clothed them. ²² And the LORD God said, “The man has now become like one of us, knowing good and evil. He must not be allowed to reach out his hand and take also from the tree of life and eat, and live forever.” ²³ So the LORD God banished him from the Garden of Eden to work the ground from which he had been taken. ²⁴ After he drove the man out, he placed on the east side of the Garden of Eden cherubim and a flaming sword flashing back and forth to guard the way to the tree of life. (Genesis 3:1–24)



A Review:

Freedom & **LIMITS**

God Gave Freedom Within Limits

The LORD God took the man and put him in the Garden of Eden to work it and take care of it. ¹⁶ And the LORD God commanded the man, “You are free to eat from any tree in the garden; ¹⁷ but you must not eat from the tree of the knowledge of good and evil, for when you eat of it you will surely die.”

Genesis 2:15–17

The Nature Of Sin



Sin Doubts God's Word and Motives

“You will not surely die,” the serpent said to the woman. ⁵ “For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.”

Genesis 3:4–5

Sin Distorts and Deceives

When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it.

Genesis 3:6

Sin Develops Guilt and Shame

The man and his wife were both naked, and they felt no shame. (Genesis 2:25)

Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves. ⁸ Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden. (Genesis 3:7–8)



Sin Desires To Blame God and Others

And he said, “Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?”

¹² The man said, “The woman you put here with me — she gave me some fruit from the tree, and I ate it.” ¹³ Then the LORD God said to the woman, “What is this you have done?” The woman said, “The serpent deceived me, and I ate.”

Genesis 3:11–13

To the woman he said, “I will greatly increase your pains in childbearing; with pain you will give birth to children. Your desire will be for your husband, and he will rule over you.”

¹⁷ To Adam he said, “Because you listened to your wife and ate from the tree about which I commanded you, ‘You must not eat of it,’ “Cursed is the ground because of you; through painful toil you will eat of it all the days of your life. ¹⁸ It will produce thorns and thistles for you, and you will eat the plants of the field. ¹⁹ By the sweat of your brow you will eat your food until you return to the ground, since from it you were taken; for dust you are and to dust you will return.” Genesis 3:16–19



Applying the

WORD

Sin:

- Doubts God's Word and motives
- Distorts my perception of reality and deceives me
- Displaces peace with guilt and shame
- Desires to blame God and others for my behavior
- Disrupts relationships



**Applying the
WORD**

The Table of Freedom



Blessed is he whose transgressions are forgiven,
whose sins are covered.

Blessed is the man
whose sin the LORD does not count against him
and in whose spirit is no deceit.

When I kept silent,

my bones wasted away through my groaning all day long.

For day and night your hand was heavy upon me;

my strength was sapped as in the heat of summer.

Then I acknowledged my sin to you

and did not cover up my iniquity.

I said, “I will confess my transgressions to the LORD”

— and you forgave the guilt of my sin.

Therefore let everyone who is godly pray to you
while you may be found;
surely when the mighty waters rise,
they will not reach him.

You are my hiding place;
you will protect me from trouble
and surround me with songs of deliverance.

The Table of Freedom

