



The Freedom of

LIMITS

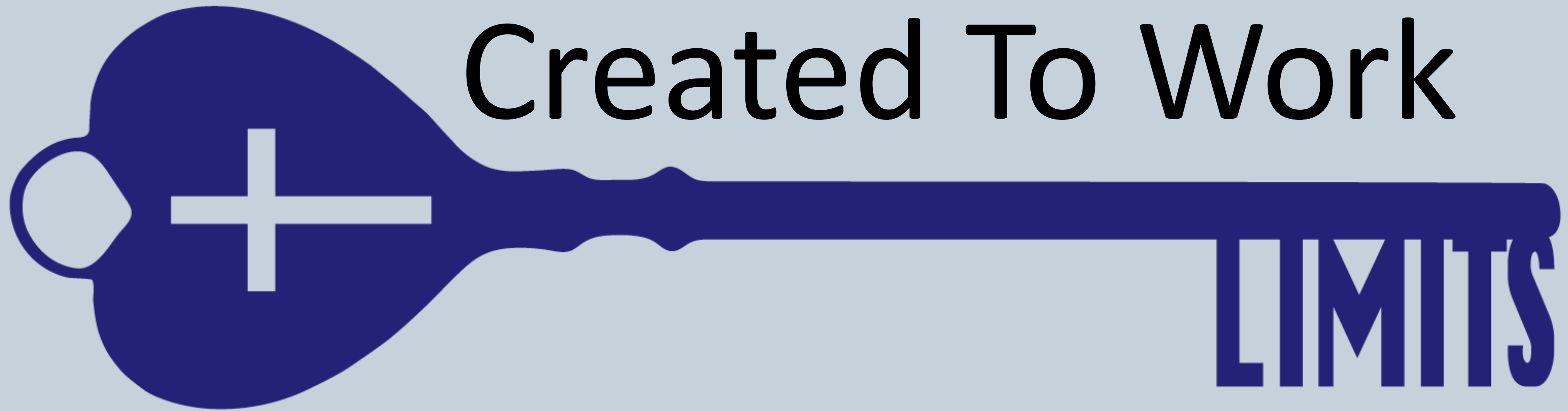
Then God said, “Let us make man in our image, in our likeness, and let them rule over the fish of the sea and the birds of the air, over the livestock, over all the earth, and over all the creatures that move along the ground.” ²⁷ So God created man in his own image, in the image of God he created him; male and female he created them. ²⁸ God blessed them and said to them, “Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish of the sea and the birds of the air and over every living creature that moves on the ground.” (Genesis 1:26–28)

Thus the heavens and the earth were completed in all their vast array. ² By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. ³ And God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done. (Genesis 2:1–3)

The LORD God took the man and put him in the Garden of Eden to work it and take care of it. (Genesis 2:15)

Humanity:

Created To Work



Humans: Workers Like God

Then God said, “Let us make man **in our image, in our likeness,** and **let them rule** over the fish of the sea and the birds of the air, over the livestock, over all the earth, and over all the creatures that move along the ground.” ²⁷ **So God created man in his own image, in the image of God he created him; male and female he created them.** ²⁸ God blessed them and said to them, “Be fruitful and increase in number; **fill the earth and subdue it. Rule over** the fish of the sea and the birds of the air and over every living creature that moves on the ground.” (Genesis 1:26–28)

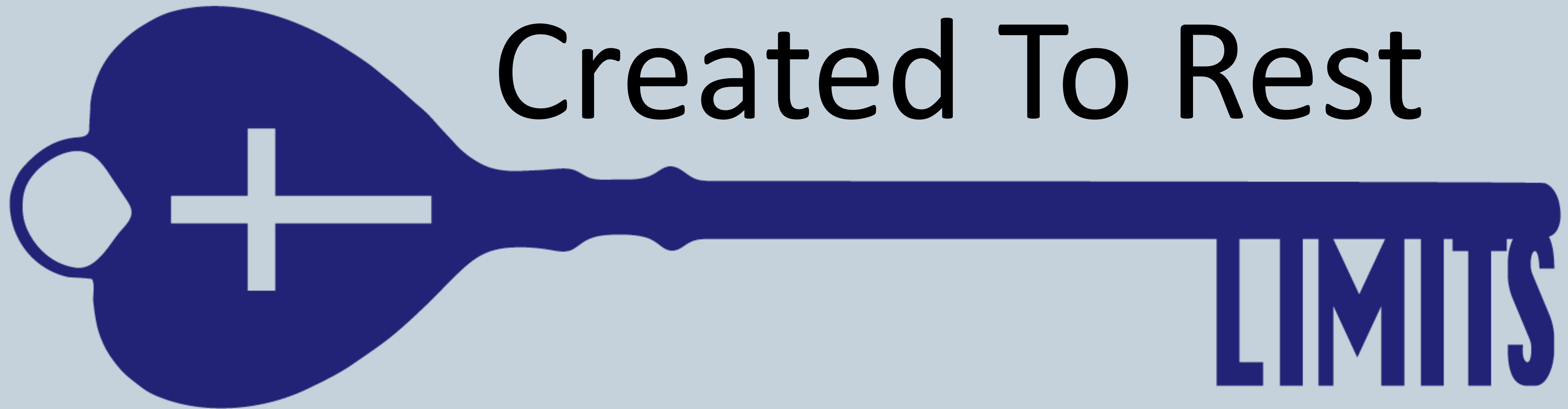
Humans: Workers For God

The LORD God took the man and put him in the Garden of Eden to work it and take care of it.

Genesis 2:15

Humanity:

Created To Rest



God Rests - And Gives Rest To Us

Thus the heavens and the earth were completed in all their vast array. ² By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. ³ And God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

Genesis 2:1–3

The Sabbath Pattern

Remember the Sabbath day by keeping it holy. ⁹ Six days you shall labor and do all your work, ¹⁰ but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates. ¹¹ For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy. (Exodus 20:8–11)





Applying the
WORD

The Sin of Laziness

As a door turns on its hinges, so a sluggard turns on his bed.

¹⁵ The sluggard buries his hand in the dish; he is too lazy to bring it back to his mouth.

Proverbs 26:14–15



Applying the
WORD

Six days you shall labor and do all your work, ¹⁴ but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your ox, your donkey or any of your animals, nor the alien within your gates, so that your manservant and maidservant may rest, as you do. ¹⁵ Remember that you were slaves in Egypt and that the LORD your God brought you out of there with a mighty hand and an outstretched arm. Therefore the LORD your God has commanded you to observe the Sabbath day.

Deuteronomy 5:13–15

Rest For Your Soul

Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

Matthew 11:28–29



Applying the

WORD

The
Table
of
Freedom

