

March 29, 2020

Welcome

BAY RIDGE CHRISTIAN CHURCH

Biblically Based. Christ Centered. Caring Community.

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Today's Teaching

RESET: Redeeming the Quarantine

Like the exile, our current time of disruption should be used as a divinely appointed season to reset our priorities and practices, redeeming the quarantine to make beneficial changes to our lives.

Deuteronomy 4:27-31

²⁷ The Lord will scatter you among the peoples, and only a few of you will survive among the nations to which the Lord will drive you. ²⁸ There you will worship man-made gods of wood and stone, which cannot see or hear or eat or smell. ²⁹ But if from there you seek the Lord your God, you will find him if you look for him with all your heart and with all your soul. ³⁰ When you are in distress and all these things have happened to you, then in later days you will return to the Lord your God and obey him. ³¹ For the Lord your God is a merciful God; he will not abandon or destroy you or forget the covenant with your forefathers, which he confirmed to them by oath.

Reset - Redeeming the Quarantine

Key points:

1. From creation God has given days, weeks, seasons, and years as a time of 'reset' for people to rest, reflect, repent, and be restored to His purposes.
2. The exile was a major disruption for the people of Judah, and they were called to use it as a divinely ordained time to "reset" their priorities and practices.
3. There are two possible reactions in major times of disruption:
 - a. Attempt to muddle through without examining or changing any habits or practices
 - b. Redeem the time by turning to God with fresh urgency, seeking Him with all of my heart and soul.
4. There are a number of ways we can 'reset' during this time and redeem the quarantine. To do this I should ask myself the following questions:
 - a. Is God calling me to Jesus for salvation?
 - b. Is God calling me to establish/renew daily time with Jesus in Scripture and prayer?
 - c. Is the Spirit working to reveal and remove sin?
 - d. Is God calling me to turn off the TV and read more?
 - e. Is God calling us to establish or renew family devotions/prayer?
 - f. Is God calling us to reconnect as a family?
 - g. Is God calling me to establish a pattern of weekly worship?
 - h. Are there beneficial habits God is calling me to establish or renew?

Questions for discussion/application:

1. What part of Sunday's text and teaching stood out most to me? Why?

2. How did God institute a pattern of new beginnings and “resets” into creation? What regular patterns give us fresh chances to make changes in life?
3. How does technology make it harder for us to recognize the divinely ordained pattern of new beginnings? How does technology blur the distinction between day and night, weeks, seasons, and years?
4. When I consider how technology tends to blur the God-ordained distinctions in time, how can it make it harder for me to “reset” the priorities and practices that are guiding my life? How can I work to make sure this does not happen?
5. The exile was a time of judgment for Israel's sin. Did God still have good purposes for His people during this time? Does God have good purposes for every situation that I confront in my life?
6. When I consider how I have approached this time of crisis so far, have I mainly been trying to “muddle through” or have I been using it as a time to reset my priorities and practices?
7. When I consider the list of ways (in key point 4 above) I might use this as a time of reset, which one is the Spirit speaking to me about? How can I practically work to redeem the quarantine by following the Spirit's lead to make changes in this area? Is there someone I can ask to hold me accountable as I seek to obey the Spirit in this area?
8. Who will I call to encourage this week? What specific members of BRCC will I commit before God to call?

BRCC's Children's Ministry

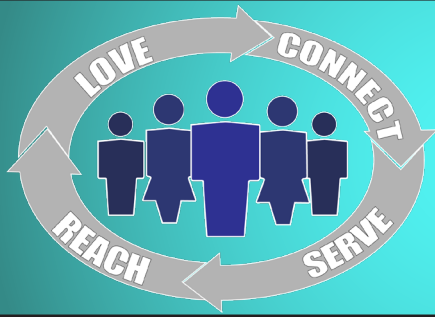
TODAY'S LESSON



God Protects His People

Esther is used by God to bring safety to Israel.





Announcements

Get our weekly emailed Newsletter!
Sign up for the B'Bridge today online or by visiting our welcome desk.

Upcoming Events

Roger and Marilyn Reeck

Roger and Marilyn Reeck have been advised not to travel to Maryland. Please continue to pray for them as they continue to do God's work in these difficult situations.

Find out more about them by visiting brcc.church/missions.

**Contact the Office or see the B'Bridge for more details about these events
You can sign up for the B'Bridge at any time by visiting brcc.church/bridge.

Novel Coronavirus (2019-nCoV) and You



What is 2019 novel coronavirus?

The 2019 novel coronavirus (2019-nCoV) is a new virus that causes respiratory illness in people and can spread from person-to-person. This virus was first identified during an investigation into an outbreak in Wuhan, China.

Can people in the U.S. get 2019-nCoV?

This 2019-nCoV virus does seem to be able to spread from person-to-person although it's not clear how easily this happens. Person-to-person spread in the United States has not yet been detected, but it's likely to occur to some extent. At this time this virus is not spreading in the United States so the likelihood of someone in the U.S. getting sick with this virus is very low. Right now, the greatest risk of infection is for people in Wuhan or people who have traveled to Wuhan and less so, other parts of China. CDC continues to closely monitor the situation.

Have there been cases of 2019-nCoV in the U.S.?

Yes. The first infection with 2019-nCoV in the United States was reported on January 21, 2020. The current count of cases of infection with 2019-nCoV in the United States is available on CDC's webpage: www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html

How does 2019-nCoV spread?

The exact way the virus is spread is not fully known. With similar coronaviruses (MERS and SARS) person-to-person spread is thought to have happened mainly via respiratory droplets produced when an infected person coughs or sneezes, similar to how influenza and other viruses that cause respiratory illness spread. There also may be some spread when a person touches a surface or object that has virus on it and then touches his or her own mouth, nose, or possibly their eyes. Spread of SARS and MERS between people has generally occurred between close contacts. There is much more to learn about 2019-nCoV and investigations are ongoing.

What are the symptoms of 2019-nCoV?

Patients with 2019-nCoV have reportedly had mild to severe respiratory illness with symptoms of:

- fever
- cough
- shortness of breath

What are severe complications from this virus?

Many patients have pneumonia in both lungs.

How can I help protect myself?

- This virus is not spreading in the United States right now, but the best way to prevent infection is to avoid being exposed to this virus. There are simple everyday preventive actions to help prevent the spread of respiratory viruses. These include:
 - Avoid close contact with people who are sick.
 - Avoid touching your eyes, nose, and mouth with unwashed hands.
 - Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.

If you are sick, to keep from spreading respiratory illness to others, you should:

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

What should I do if I recently traveled to China and got sick?

If you were in China within the past 14 days and feel sick with fever, cough, or difficulty breathing, you should get medical care. Call the office of your health care provider before you go and tell them about your travel and your symptoms. They will give you instructions on how to get care without exposing other people to your illness. While sick, avoid contact with people, don't go out and delay any travel to reduce the possibility of spreading illness to others.

Is there a vaccine?

There is currently no vaccine to protect against 2019-nCoV. The best way to prevent infection is to avoid being exposed to this virus.

Is there a treatment?

There is no specific antiviral treatment for 2019-nCoV. People with 2019-nCoV can seek medical care to help relieve symptoms.

www.cdc.gov/nCoV

Form # 8d37-4135-9b9a-917dd0e97165

Know the facts about coronavirus disease 2019 (COVID-19) and help stop the spread of rumors.

FACT
1

Diseases can make anyone sick regardless of their race or ethnicity.

People of Asian descent, including Chinese Americans, are not more likely to get COVID-19 than any other American. Help stop fear by letting people know that being of Asian descent does not increase the chance of getting or spreading COVID-19.

FACT
2

The risk of getting COVID-19 in the U.S. is currently low.

Some people who live in or have recently traveled to places where many people have gotten sick with COVID-19 may be monitored by health officials to protect their health and the health of other people in the community.

FACT
3

Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.

For up-to-date information, visit CDC's coronavirus disease 2019 web page.

FACT
4

You can help stop COVID-19 by knowing the signs and symptoms:

- Fever
 - Cough
 - Shortness of breath
- Seek medical advice if you

- Develop symptoms

AND

- Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

FACT
5

There are simple things you can do to help keep yourself and others healthy.

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



3 ways to Give

Did you know there are 3 ways to give?

1. Cash or Check on Sunday
2. Credit Card online @ www.brcc.church/donate
3. or you can schedule a reoccurring payment via echeck online @ www.brcc.church/donate (it only costs .55¢ to process an online check and can be done in seconds – saving the church time and money that can be put towards serving the Gospel)

14.5¢ of every dollar we receive through the weekly offering is given to missions.

Giving Statements

You can access your online Giving Statements at any time by logging into your mybrcc.church account and selecting the dollar sign from the left hand menu.

Blessed to be a Blessing

