

Theme: As we partake of Communion in faith, Christians are united in fellowship with Christ and His Body, the Church.

## I. Intro – John Wooden on the Basics

- A. John Wooden - Wizard of Westwood
- B. 7 NCAA Championships in a row
- C. 10 out of 12 NCAA championships
- D. Recruited greatest players in nation
- E. But always began with basics - every year!
- F. Started with how to tie shoes!!!
- G. Never took the basics for granted
- H. The Church can learn from this
- I. Today - basics on Communion

## II. Communion - Instituted By Jesus

- A. Jesus began this at the Last Supper
  - 1. Luke 22:19-20 - Jesus instituted this
  - 2. Also recorded in Matthew and Mark
- B. Jesus' actions & words the basis of communion
  - 1. 1 Corinthians 11:23-26 - communion text
  - 2. vv23 - Paul received from Jesus, passed to us
  - 3. vs 23 - built on Jesus actions & words
  - 4. vv24,25 - Jesus commanded us to do this
- C. Christ has given two - and only two - sacraments to us

- 1. He commanded water baptism & communion
- 2. The other “sacraments” are not real sacraments

## III. Why Did Christ Command Communion?

- A. It is the sign and symbol of the new covenant
  - 1. Luke 22:20 - the new covenant in His blood
  - 2. All covenants were sealed with meals
  - 3. All covenants had covenant signs and symbols
  - 4. The New Covenant has 2 signs & symbols
    - a. Baptism - the sign of entrance into the kingdom
    - b. Communion - the sign of continuing membership
- B. It proclaims Christ's death, resurrection & return
  - 1. 1 Corinthians 11:26 - proclaim His death
  - 2. Not just fact of His death - it's efficacy to cleanse our sin
  - 3. 1 Corinthians 11:26 - until He comes - He is alive!
  - 4. 1 Corinth. 11:26 - until He comes - He is returning!
  - 5. Communion is a visible proclamation of the Gospel
- C. It is given for us to remember Christ's death
  - 1. 1 Corinthians 11:24-25 - in remembrance
  - 2. What it means to 'remember'
    - a. Remember - not just mental recollection
    - b. Act out again & enter into it ourselves

- c. Like Passover - 'we ourselves delivered'
- D. It prompts us to examine ourselves and confess sin
  - 1. 1 Corinthians 11:27-28 - examine yourself
  - 2. The Supper calls for our repentance from sin
- E. It prompts us to give thanks for Christ & the Gospel
  - 1. 1 Corinth. 10:16 - cup of thanksgiving; give thanks
  - 2. We get 'the Eucharist' from Greek word for 'thanks'
  - 3. This meal elicits thanksgiving every time we eat it
  - 4. We see Christ's death, our sin, forgiveness
  - 5. This produces thankfulness in us!
- F. It unites us with Christ
  - 1. 1 Corinthians 10:16 - participation; sharing in
  - 2. It is more than just a bare symbol - unites us to Christ!
  - 3. Sacrament - symbol that unites with thing symbolized
  - 4. Communion is an important means of grace!
- G. It unites us with the Church
  - 1. 1 Corinthians 10:17 - one loaf, one body
  - 2. The word body here refers to the church
  - 3. We are one body **for** we partake of one loaf
  - 4. Communion unites us with the Church

- A. To apply this we will simply come to the Table
- B. Hear, see and receive the Gospel at the Table
- C. Remember His death and resurrection - for you!
- D. Examine and confess - and be forgiven!
- E. Give thanks to God for Christ and Gospel
- F. Come be united with Christ
- G. Come be united with His Bride - the Church

### Communion

Luke 22:19-20; 1 Corinthians 10:16-17; 11:23-28

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Communion

2 Corinthians 13:14

## IV. Applying the Word - Coming to the Table

19 And he took bread, gave thanks and broke it, and gave it to them, saying, “This is my body given for you; do this in remembrance of me.” 20 In the same way, after the supper he took the cup, saying, “This cup is the new covenant in my blood, which is poured out for you.

Luke 22:19–20

16 Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ? 17 Because there is one loaf, we, who are many, are one body, for we all partake of the one loaf.

1 Corinthians 10:16–17

23 For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, 24 and when he had given thanks, he broke it and said, “This is my body, which is for you; do this in remembrance of me.” 25 In the same way, after supper he took the cup, saying, “This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.” 26 For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until he comes. 27 Therefore, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. 28 A man ought to examine himself before he eats of the bread and drinks of the cup.

1 Corinthians 11:23–28