

Theme: The psalms of thanksgiving show God's people giving Him thanks for delivering them when they cried out in distress.

## I. Intro – Mandatory Sequels

### A. Some movie and TV show plots demand a sequel

1. We know there is more to come
2. Plot leaves us with more resolution needed
3. Laments demand more to come

### B. The “plot” of Psalms – 3 moves

1. Orientation – Psalm 1
2. Disorientation – Laments – Psalm 13
3. Reorientation – Thanksgiving & praise – Ps 30

### C. Laments let us know there is more to come

1. Point to it in thanksgiving vows (13:6; 56:12-13)
2. We will look at the fulfillment today

## II. The Structure of Thanksgiving Psalms

### A. Four key parts

1. Praise or blessing
2. Review of answered lament
3. Review of how God saved psalmist

### 4. Call for other to join in thanksgiving & praise

### B. Essential factor: thanksgiving for answered lament

1. Relation to lament is key
2. Completion of the lament Psalm
3. Response of thanksgiving is clear
4. Exuberant psalms thanking God

## III. Psalm 30 – From Wailing to Dancing!

### A. Importance of praise and thanksgiving

1. vv 4, 9, 12 – give thanks; acknowledge (vv 4, 9, 12)
2. Begins & with thanksgiving and praise

### B. Review of the lament & its cause

1. Many references to lament (vv 1-3; 8-10)
2. The cause: David's sin of arrogance
  - a. God had blessed David (v 7)
  - b. David sinful action (v6); but I myself, I said in..
  - c. David became self-confident & arrogant (v6)
    - i. Ezek 16:49; Prov 1:32
    - ii. Sinful sense of ease

iii. This destroys spirit of thanksgiving

d. God hides his face; trouble/sickness (vv 6-8)

C. Review of God's saving of David

1. References to **God's** answer & **action** (vv 1-3; 11)

2. David a changed man – thanks forever (v 12)

D. Call for others to join in thanksgiving & praise

1. Reference to other's (v 4)

2. Basis: brief anger, lasting joy (v 5)

3. Basis: God's  $\square\square\square\square$  (v 4 – saints)

#### IV. **Thanksgiving Today**

A. Do you see thanksgiving is critical? (Rom 1:21)

B. Do you have a thankful or self-assured spirit?

C. Do you complete your laments with thanksgiving?

D. Do you draw others into your thanksgiving?

Thanksgiving: From Wailing to Dancing!

Psalm 30

November 30, 2003

5 But I trust in your unfailing love;  
    my heart rejoices in your salvation.  
6 I will sing to the LORD,  
    for he has been good to me.

Psalm 13:5-6

12 I am under vows to you, O God; I will present my thank offerings to  
you. 13 For you have delivered me from death and my feet from stumbling,  
that I may walk before God in the light of life.  
Psalm 56:12-13

49 ”“Now this was the sin of your sister Sodom: She and her daughters  
were arrogant, overfed and **unconcerned**; they did not help the poor and  
needy.  
Ezekiel 16:49

32 For the waywardness of the simple will kill them, and the **complacency**  
of fools will destroy them;  
Proverbs 1:32

21 For although they knew God, they neither **glorified** him as God nor **gave**  
**thanks** to him, but their thinking became futile and their foolish hearts were  
darkened.  
Romans 1:21